

SOURCED

MARKET

BY DAY

Hot Dishes.

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| Today's Soup | 4.50 |
| Vegan Thai Green Curry vg with green beans & tofu. Served with rice | 7.00 |
| Sumac Chicken & Olive Casserole with roasted peppers. Served with rice | 7.50 |

Salads.

| Small (choice of two) | Large (choice of four) |
|---|------------------------|
| 3.50 | 6.00 |
| Roast Potato, Pesto & Fennel vg | |
| Raw Green vg | |
| Roast Broccoli, Soy & Sesame vg | |
| add seeds (pumpkin, sesame, poppy & sunflower) vg | 0.50 |
| add feta v | 1.50 |
| add hot smoked salmon | 2.00 |

Pastries & Pies.

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| Scotch Eggs & Sausage Rolls | 3.50 |
| Vegetarian Rolls v | 3.75 |
| Cornish Pasty | 3.75 |
| Filo Slices v | 4.25 |
| Pork Pies | 4.25 |
| Quiches & Pies | 4.50 |
| Vegetarian Quiches & Pies v | 4.50 |
| Tortillas v | 4.50 |

Sandwiches & Toasties.

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| Ham & Mustard Baguette with cornichons | 5.00 |
| Chicken & Chorizo Wrap in a khobez wrap | 5.10 |
| Falafel & Hummus Wrap v with tomato in a khobez wrap | 5.40 |
| Avocado & Feta Ciabatta v with veg & hummus | 5.75 |
| Parma Ham Ciabatta with basil pesto | 6.00 |
| Jerk Chicken Ciabatta with pickled veg & pineapple salsa | 6.00 |
| Three Cheese Toastie v cheddar, raclette & Gruyère on sourdough | 5.75 |
| Kimchi Toastie with three cheese mix on sourdough | 6.00 |
| Ham Toastie with three cheese mix, dijonnaise on sourdough | 6.50 |
| Coppa Toastie with three cheese mix & jalapeno on sourdough | 7.00 |

Prices correct at time of print and may be subject to change without notice

Please order at the counter and inform us of any allergies or intolerances

Ask our team for take-away prices of our products

07/19