

HOT DRINKS

COFFEE

	OUT	IN
FLAT WHITE	2.50	3.00
LATTE	2.80	3.20
CAPPUCCINO	2.80	3.20
AMERICANO	2.20	2.50
MACCHIATO	2.20	2.60
ESPRESSO	2.00	2.00
MOCHA	3.00	3.20
FILTER	2.20	3.00
POUR OVER	—	4.00
ICED COFFEE / LATTE	3.00	3.50
COLD BREW	3.00	3.50
SOY / ALMOND MILK	0.50	0.50

Our house espresso is roasted in Cornwall by Origin Coffee Roasters. Our teas are from Brew Tea Co & Rare Tea Co. Our unhomogenised milk is from Estate Dairy's small herd of 120 Jersey & Guernsey cows in Lancashire.

TEA

	OUT	IN
ENGLISH BREAKFAST	1.50	2.80
EARL GREY	1.50	2.80
GREEN	1.50	2.80
MOROCCAN MINT	1.50	2.80
LEMON & GINGER	1.50	2.80
ROOIBOS	1.50	2.80
CHAMOMILE	1.50	2.80
JASMINE SILVER TIP	—	2.80
DARJEELING	—	2.80
GENMAICHA	—	2.80

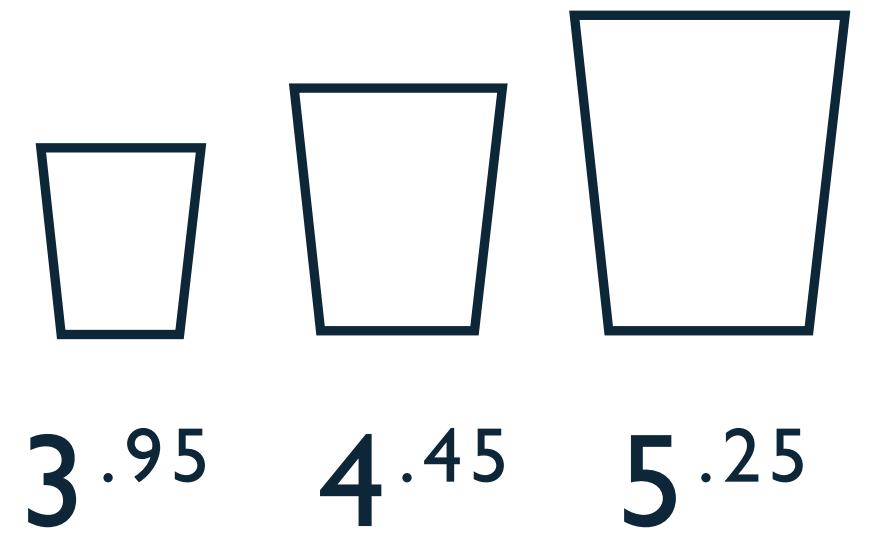
OTHER

	OUT	IN
HOT CHOCOLATE	2.80	3.00
CHAI LATTE	2.90	3.20
MATCHA LATTE	3.00	3.20
TUMERIC LATTE	3.00	3.20

THIS MONTH'S COFFEE

	Name	Tasting notes	Origin	Process
GUEST ESPRESSO				
GUEST FILTER				
GUEST POUR OVER				

JUICE BAR



JUICES

AN APPLE A DAY

Apple, Carrot, Lemon
Passion Fruit, Ginger

RISE & SHINE

Apple, Lemon, Ginger,
Sweet Potato, Maca

SUPER GREEN DETOX

Spinach, Cucumber, Ginger,
Lemon, Celery

BRAVO AVO

Avocado, Spinach, Cucumber,
Apple & a Hint of Lemon

SWEET GREEN

Cucumber, Celery, Carrot,
Beetroot, Spinach

BERRY BOOST

Orange Juice, Blueberries,
Activated Charcoal, Mango

SMOOTHIES

NUT BOOSTER

Pip & Nut Peanut Butter,
Plenish Almond Milk, Bananas,
Oats & Dates

RAISE YOUR MOOD

Banana, Almond Milk, Cinnamon,
Nutmeg, Vanilla Essence,
Cacao Powder & Nibs

ADD ONS

Sunflower Seeds, Turmeric,
Matcha, Gluten Free Oats

0.50

SHOTS

TONIC

Apple, Lemon, Ginger

WAKE UP!

Lemon, Ginger

2.00