

# BREAKFAST DISHERS



<p><b>CHOOSE YOUR GRAIN</b></p> <p>3.50</p>	<p><b>CHOOSE YOUR MILK</b></p>	<p><b>CHOOSE YOUR TOPPING</b></p> <p>0.50 EACH</p>
<p><b><u>PORRIDGE</u></b> Organic Scottish Oats <b>VG V</b></p> <p><b><u>HOMEMADE GRANOLA</u></b> Nuts + Quinoa with Dates + Cinnamon <b>VG V GF</b></p> <p><b><u>BIRCHER MUESLI</u></b> Flaked Almonds, Rolled Oats, Sultanas + Hazelnuts <b>VG V</b></p>	<p>Estate Dairy Milk</p> <p>Almond Milk <b>DF</b></p> <p>Oat Milk <b>DF</b></p> <p>Greek Yoghurt</p>	<p>Seasonal Fruit</p> <p>Cacao Nibs</p> <p>Matcha Powder</p> <p>Turmeric Powder</p> <p>Wild Hives London Honey</p> <p>Goji Berries</p> <p>Almond Flakes</p>

## CRUMPETS / BUNS / TOASTIES

### TOASTED JONES' CRUMPETS

#### WITH

Jam + British Butter **VG V**  
one 3.00 two 5.00

Peanut Butter + Banana **VG V DF**  
one 3.00 two 5.00

### **SOURDOUGH TOASTIES**

with our 3 Cheese Mix  
of Keens Cheddar,  
Mozzarella + Provolone

#### WITH

Portobello Mushrooms **V** 6.50  
Devon Rose Ham 6.50

### BREAKFAST BUNS

#### WITH

Outdoor Reared British Bacon 4.50

British Sausage Patty 4.50

Egg + Avocado **V DF** 4.50

#### ADD

Avocado 1.50 Emmental Cheese 1.00

Bacon 1.50 Egg 1.00 Sausage Patty 1.50

#### BAGEL WITH

### SMOKED SALMON

Spinach + Cream Cheese  
4.50

# BREAKFAST PLATES



## SMASHED AVOCADO

on Sourdough Toast 4.50

### ADD

Whipped Feta + Harissa **v** 2.00

Spanish Chorizo 3.00

Fenton Farm Poached Egg **v** 1.00

## HARICOT SPICED BEANS

### WITH POACHED EGGS

#### WITH

Spanish Chorizo **GF DF** 8.00

Spinach **v GF** 7.50

Avocado **v GF** 7.50

## HARICOT SPICED BEANS

with Roasted Sweet Potato

**v GF VG** 5.50

## BENEDICT

with Devon Rose Ham

one 5.00 two 9.00

## ROYALE

with Scottish Smoked Salmon

one 6.00 two 10.00

## FLORENTINE

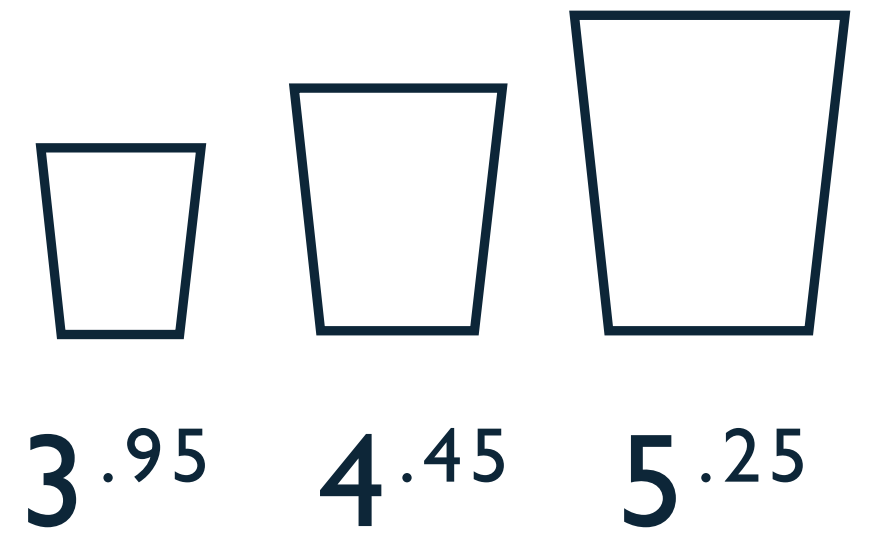
with Spinach **v**

one 5.00 two 9.00

all with Fenton Farm Eggs  
on Toasted Jones' Crumpets

**v** : Vegetarian    **VG** : Vegan    **GF** : Gluten Free    **DF** : Dairy Free

# JUICE BAR



## JUICES

### AN APPLE A DAY

Apple, Carrot, Lemon  
Passion Fruit, Ginger

### RISE & SHINE

Apple, Lemon, Ginger,  
Sweet Potato, Maca

### SUPER GREEN DETOX

Spinach, Cucumber, Ginger,  
Lemon, Celery

### BRAVO AVO

Avocado, Spinach, Cucumber,  
Apple & a Hint of Lemon

### SWEET GREEN

Cucumber, Celery, Carrot,  
Beetroot, Spinach

### BERRY BOOST

Orange Juice, Blueberries,  
Activated Charcoal, Mango

## SMOOTHIES

### NUT BOOSTER

Pip & Nut Peanut Butter,  
Plenish Almond Milk, Bananas,  
Oats & Dates

### RAISE YOUR MOOD

Banana, Almond Milk, Cinnamon,  
Nutmeg, Vanilla Essence,  
Cacao Powder & Nibs

### ADD ONS

Sunflower Seeds, Turmeric,  
Matcha, Gluten Free Oats

0.50

## SHOTS

### TONIC

Apple, Lemon, Ginger

### WAKE UP!

Lemon, Ginger

2.00